

SACRED HEART HIGH SCHOOL

Week 2

2011-12

NUTRI-SERVE FOOD MANAGEMENT

Week Of: January 30th-February 3rd

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY												
<p>\$3.50</p> 	<p>Baked BBQ Chicken <i>Choice of 3 Sides</i> Hash Brown Potato Baked Cinnamon Apples Juice Cup Low Fat Milk Choice</p>	<p>Pizza Quesadilla Sandwich <i>Choice of 3 Sides</i> Celery Sticks w/dip Fruit Choice Low Fat Milk Choice</p>	<p>Chicken Patty Sandwich <i>Choice of 3 Sides</i> Mashed Potatoes Fresh Fruit Medley Low Fat Milk Choice</p>	<p>Buffalo Chicken Sandwich <i>Choice of 3 Sides</i> Garden Salad 100% Juice Cup Cinnamon Applesauce Low Fat Milk Choice</p>	<p>French Bread Pizza <i>Choice of 3 Sides</i> Mixed Green Salad Fresh Apple Slices Jello w/ topping Low Fat Milk Choice</p>												
<p>\$3.50</p> 	<p>Cheeseburger <i>Choice of 3 Sides</i> Hash Brown Potato Baked Cinnamon Apples Juice Cup Low Fat Milk Choice</p>	<p>Meatball Parm Sand. <i>Choice of 3 Sides</i> Celery Sticks w/dip Fresh Apple Low Fat Milk Choice</p>	<p>Cheesesteak <i>Choice of 3 Sides</i> Mashed Potatoes Fresh Fruit Medley Low Fat Milk Choice</p>	<p>Cheeseburger <i>Choice of 3 Sides</i> Garden Salad 100% Juice Cup Cinnamon Apple Sauce Low Fat Milk Choice</p>	<p>Chicken Nuggets w/ dip <i>Choice of 3 Sides</i> Mixed Green Salad Fresh Apple Slices Jello w/ topping Low Fat Milk Choice</p>												
<p>\$3.75</p> 	<p>Chicken Ranch Wrap 1/2 oz. Bag of Chips Choice of Fruit L.F. Milk</p>	<p>Turkey & Cheese on Kaiser 1/2 oz. Bag of Chips Choice of Fruit L.F. Milk</p>	<p>BBQ Chicken Wrap <i>Includes:</i> 1/2 oz. Bag of Chips Choice of Fruit L.F. Milk</p>	<p>Ham & Cheese Hoagie <i>Includes:</i> 1/2 oz. Bag of Chips Choice of Fruit L.F. Milk</p>	<p>Italian Hoagie <i>Includes:</i> 1/2 oz. Bag of Chips Choice of Fruit L.F. Milk</p>												
<p>\$3.75</p> 	<p>Featured Specialty Salads Chef Salad</p>	<p>Featured Specialty Salads Chicken Ranch Salad</p>	<p>Featured Specialty Salads Asian Salad</p>	<p>Featured Specialty Salads Antipasto Salad</p>	<p>Featured Specialty Salads Chicken Caesar Salad</p>												
<p>Snack Express</p> 	<p>DID YOU KNOW? <i>for \$3.50 you can get A featured meal that includes FIVE Components!</i></p>	<p>SNACK SHACK!</p> <table> <tr> <td>Fruit Cup.....\$2.25</td> <td>Ice Cream...\$.70 - \$1.00</td> </tr> <tr> <td>Fresh Fruit.....\$.50</td> <td>Pretzel Rods.....\$.10</td> </tr> <tr> <td>Fruit/Yogurt Parfait \$3.00</td> <td>8oz.Water.....\$.60</td> </tr> <tr> <td>Nutri-Grain Bar...\$1.25</td> <td>16oz.Water...\$1.00</td> </tr> <tr> <td>Soft Pretzel.....\$.75</td> <td>Low Fat Milk....\$.60</td> </tr> <tr> <td>Baked Chips....\$.90</td> <td>100% Fruit Juice.....\$.50</td> </tr> </table>			Fruit Cup.....\$2.25	Ice Cream...\$.70 - \$1.00	Fresh Fruit.....\$.50	Pretzel Rods.....\$.10	Fruit/Yogurt Parfait \$3.00	8oz.Water.....\$.60	Nutri-Grain Bar...\$1.25	16oz.Water...\$1.00	Soft Pretzel.....\$.75	Low Fat Milk....\$.60	Baked Chips....\$.90	100% Fruit Juice.....\$.50	
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Menu subject to change without notice

Comments or Concerns call

Linda McHugh