

Physical Education & Health Education  
Driver Education

Ms. Betty Shuster and Mr. Steve Tucker the staff members of the Physical Education Department would like to say “HELLO” to the Sacred Heart High School family.

The first two marking periods has drawn to a close which means the school year is half done.. Physical Education classes are quarter courses. The students that had physical education so far have finished their attempts to attain “PRESIDENTS” or “NATIONAL” levels in the President’s Challenge of Physical Fitness.

The following students have achieved the “Presidents” level: (senior) Alyssa-Lea Azeglio, Justin Babel, Dante Baruffi, Jamie Brown, Sarah Brown, Stephanie Chiofalo, Nicole Conroy, Rebecca Reid, Allison Schempp, Tysha Simmonds, Desiree Vassalotti, Daniel Williams; (Junior) Brandon Bezak, Ariell Bruno, Ashley Desiere, Kyle Gagliardi, Lauren Gaudio, Megan Habina, Kylie Kristovich, Eugene McClure, Jennifer Placendo, Sarah Planeta, Allen Rivera; (sophomore) Jaryd Aulffo, Matt Beckett, Pat Bik, Jordon Catalana, Tyler Caterino, Vanessa Caulford, Ally Ferrucci, Nick Gazzara, Clarissa Hayes, Carlos Negron; (freshmen) Alison Angelo, Andrew Biggs, Robert Bishop, Mia Capizola, Nicole Chillari, Jeffrey Ronchetti, Harry Rothman, Nicholas

Sammartino, Nina Singleton, Lee Timmons, Anthony Venuto. The following students have achieved the

“National” level: (seniors) Chelsea DeMartino, James Dzierwinski, Aerial Gallo, Scott Graiff, Anthony Ingraldi, Joseph Lera, Melvin Monte, Danielle Paciocco, Anthony Parish, Brian Planeta, Ashley Rigilano, Jacinda Williams; (Junior) Luke Bencie, David Bergamo, Eric Cianciglino, Gina Gaunt, Isaac Gonzalez, Josh Landi, Kelly Napier, Jacob Mercado, Fabiana Mesiano, Angela Pustizzi; (sophomore) Joy Bernal, Deonna Boyce, Tim Davis, Micknie Delva, Tess Elder, Chet Godfrey, Daniel Lelli, Matt McMahon, Christina Oleszewski, Larissa Scarpa, Tom Quinlan; (freshmen) Alexa Bacale, Daria Baruff, Christian Bencie, Adam Chamberlain, Troy Day, Rachel DeLeonardis, Kevin Read, Ashley Schwegel, Dorothy Sheppard, Erika Smail, Brandi Smith, Rachele Smith, Claire Tames, Brandon Triantos, Christina Webster.

Students taking P.E. should be dressed in a “Sacred Heart” gym uniform. Students may wear P.E. uniforms purchased in the past years (white or gray tee shirt and blue or gray shorts). **If you need to purchase the new gym uniform, contact the school uniform supplier “CHERYL’S SCHOOL UNIFORMS” at 2100 N. Delsea Dr., Vineland (Telephone # 856-696-0141)**

Health Education classes are quarter courses. Mrs. Serra teaches the freshmen health and it is a quarter course. Ms. Shuster teaches the sophomore health (Driver Education) and the junior health classes. Mr. Tucker is teaching senior health classes.

**BEHIND THE WHEEL** driving with a certified instructor is a possibility for your son or daughter. Sacred Heart High School offers this course for any student who is at least 16 years of age. **SIX HOURS OF DRIVING WITH INSTRUCTION is available.** If you are interested, contact Mr. Tucker for more details.