

Sophomore Theology ~ Intro to Catholic Morality & Church History

Instructor: Mary Anne Serra ~ email: *maserra@shhslions.com*

Location: Room 105

COURSE OBJECTIVE

The purpose of these courses is to introduce the foundations of Catholic Morality and the Seven Sacraments and their relevance in everyday society. It presents a summary of Moral Theology and the Sacraments from the Catholic perspective. The course is intended to help illustrate the major points of Moral Decision making and the establishment of a sacramental life.

1. To be able to identify the components necessary to make moral decisions
2. To gain a basic understanding of Catholic Social teachings and how to apply them.
3. To provide the foundation from which moral and ethical decisions are made.
4. To begin to understand the significance of the person of Jesus and His effects on humanity.
5. To have students gain an appreciation the Sacraments in light of their own spiritual journey.

CONTENT OUTLINE

This course outline will follow the texts “Your Life in Christ (First Semester) and Meeting Jesus in the Sacraments (Second Semester)” The 1st semester will focus on Catholic Social teaching and Moral Thought. The 2nd semester will focus on the necessity of the Sacraments in relation to Jesus Christ and the Church. The Bible and Catechism are sighted throughout the text and will be used in a complementary fashion with the text as well as for independent study.

Your Life in Christ

1. The Gift of Being Human
2. Making Moral Decisions
3. Law as a Guide to Freedom
4. Jesus as Moral Guide
5. Conscience Formation
6. Sin and Forgiveness
7. Love for God
8. Respect for Life
9. Respect for the Gift of Sexuality
10. Respect for Justice and Truth

Meeting Jesus in the Sacraments

1. Sacramental Economy of Salvation
2. What Happens in the Sacraments
3. Baptism
4. Confirmation
5. Holy Eucharist
6. Reconciliation
7. Anointing of the Sick
8. Holy Orders
9. Matrimony

EVALUATION STRATEGIES

1. Objective and subjective testing and quizzes
2. Reports and research topic papers
3. Class projects
4. Homework
5. Class Participation

CALCULATING GRADES

Each student will be graded in each of the following areas:

1. Tests (approximately every 2 weeks)
2. Quizzes (announced & unannounced)
3. Class participation (homework + behavior + preparedness for class)
4. Projects (turned in on time and directions followed)

Test average 50% + Quiz average 30% + Class participation + Projects / Averaged 20% = Grade

INSTRUCTIONAL METHODOLOGIES

1. Lecture
2. Small & Large group discussion
3. Directed reading
4. Research notes
5. Structured experiences
 - a. Skits
 - b. Games
 - c. Creative expression through art, prayer and reflection
6. Worksheets
7. Audiovisual usage

RESOURCES

In addition to the Catechism, the Holy Bible and the course textbook, **“Your Life in Christ (First Semester) and Meeting Jesus in the Sacraments (Second Semester)”**

Various audiovisuals

- a. VCR/DVD recordings
- b. Movies
- c. Internet access
- d. Current periodicals
- e. Magazines

All are accessible and frequently used to reinforce major concepts of this course