

## **SPECIAL AWARDS**

**Cape Atlantic League All Star Recognition**

**Jewish War Veterans Award Recognition**

**Championship Recognition**

- **Team**
- **Individual**

**NJSIAA - Scholar - Athlete Recognition**

**Sacred Heart High School Athletic  
Association - George Karibjanian Memorial  
Award**

**Uncle Lou Piccone Achievement Award**

**Skip Haas Award - Scholar/Athletic Ability/  
Personal Lifestyle**

**Athletes of the Year**



**SACRED HEART HIGH  
SCHOOL  
A YEAR IN SPORTS  
2009-2010**



**SOFTBALL 2010**

**HEAD COACH:** Les Olson  
**ASSISTANT COACH:** Dennis Bruno, Rich Hayes

**VARSITY LETTER WINNERS**

Tyler Aulffo  
Arielle Bruno  
Samantha Caterina  
Victoria Caterina  
Vanessa Caulford  
Jocelyn Cintron  
Micknie Delva  
Rachel Doerr  
Lindsay Dwyer  
Rachel Gavigan  
Genevieve Giovinazzi  
Clarissa Hayes  
Kylie Kristovich  
Angela Pustizzi  
Allison Riegel  
Janelle Rodriguez  
Ann Stringari

**AWARDS**

**COACHES:**  
**COACHES:**

**Team Accomplishments**

Team Record: 28 - 3

Cape Atlantic National Conference Championship  
Cape Atlantic National Division II Championship

**PRESIDENT**.....Fr. Edward Namiotka

**PRINCIPAL**.....Mrs. Diane Tucker

**ASSISTANT PRINCIPAL & DIRECTOR OF ATHLETICS** .....Mr. W. Keith Jones

**ASSISTANT PRINCIPAL OF GUIDANCE/ACADEMICS**.....Mrs. Anne Hartman

**ASSISTANT ATHLETIC DIRECTOR**.....Mr. Steve Tucker

**TRAINER**.....Ms. Jen Massey

**AFFILIATIONS:**.....New Jersey Interscholastic Athletic Association (N.J.S.I.A.A.)  
Section South Group B  
Cape Atlantic League (CAL)  
National Conference  
Division II

**COLORS**.....Red and Blue

**MASCOT**.....Lion

**ATHLETICS**.....856-691-4491, Ext 1120

**E MAIL**.....kjones@shhslions.com  
stucker@shhslions.com

## **BOYS CROSS COUNTRY 2009**

**COACH:** Mrs. Jen Lutek  
**ASSISTANT COACH:** Mr. Shawn Dugan

### **VARSITY LETTER WINNERS**

John DeLeonardis  
Vincent Gavigan  
Eugene McClure  
Matt McMahan  
Carlos Negron  
Tyler Lavender  
Brandon Triantos  
Kris Lapsley - Manager  
Sean Lent - Manager

### **JUNIOR VARSITY LETTER WINNERS**

Mike Pennington  
Dylan Pierson

### **AWARDS**

**COACHES:**

**COACHES:**

### **Team Accomplishments**

Team Record: 2 - 7

### **Individual Accomplishments**

#### **Carlos Negron**

- Cape Atlantic League - 2nd Team

#### **Brandon Triantos**

- Cape Atlantic League - 2nd Team

#### **Vincent Gavigan**

- Cape Atlantic League - Honorable Mention

#### **Eugene McClure**

- Cape Atlantic League - Honorable Mention

## **BASEBALL 2010**

### **AWARD**

**CAPTAIN AWARD:**

**CAPTAIN AWARD:**

### **Team Accomplishments**

Team Record: 22 - 6

Cape Atlantic League National Division II Championship

### **Individual Accomplishments**

#### **Isaac Gonzalez**

- Cape Atlantic League - 1st Team

#### **Chris Bell**

- Cape Atlantic League - 1st Team

#### **Tovine Potts**

- Cape Atlantic League - 2nd Team

#### **Al Etter**

- Cape Atlantic League - Honorable Mention

#### **Holvin Figueroa**

- Cape Atlantic League - Honorable Mention

#### **Eric Olson**

- Cape Atlantic League - Honorable Mention

## **BASEBALL 2010**

**HEAD COACH:** John Triantos

**ASSISTANT COACHES:** Brian Caterina,  
Rob Gifford, Ted Mercurio, Angel Rivera, Rob Anderson

### **VARSITY LETTER WINNERS**

Chris Bell  
Gabe Casillas  
Tyler Caterina  
Al Etter  
Holvin Figueroa  
Justin Geri  
Chris Giacomelli  
Bobby Gifford  
Isaac Gonzalez  
Jake Mercado  
Eric Olson  
Trey Potts  
Allen Rivera  
Ismael Santiago  
Brandon Triantos

### **JUNIOR VARSITY LETTER WINNERS**

Kevin Allen  
Sergio Correa  
Zach Donato  
Jon Donnelly  
Kenneth Farmer  
Theo Mercurio  
Emory Pierson  
Chris Repice  
Brian Stanzione  
Steven Steigerwalt

Courtney Fralick - Manager

## **GIRLS CROSS COUNTRY 2009**

**COACH:** Mrs. Jen Lutek

**ASSISTANT COACH:** Mr. Shawn Dugan

### **VARSITY LETTER WINNERS**

Kim Sansalone  
Keyanna Litterer  
Kristen McGee

### **JUNIOR VARSITY WINNERS**

Rebecca Schultz

### **Team Accomplishments**

Team Record : 0 - 8

### **Individual Accomplishments**

#### **Keyanna Litterer**

- Cape Atlantic League - Honorable Mention

#### **Kimberly Sansalone**

- Cape Atlantic League - Honorable Mention

## GIRLS SOCCER 2009

**HEAD COACH:** Esa Staples  
**ASSISTANT COACH:** Tony Procopio

### VARSITY LETTER WINNER

Tyler Aulffo  
Alison Angelo  
Emily Barlas  
Angela Bertonazzi  
Arielle Bruno  
Leah Braidl  
Amanda Buirch  
Jen Consalo  
Kambrianna Corona  
Megan Habina  
Brittany Harden  
Nichole Hitchner  
Madeline Lagerholm  
Maria Procopio  
Larissa Scarpa  
Gabriella Sorantino  
Kaitlyn Ternay

**AWARD:**  
**COACHES:**  
**COACHES:**

### Team Accomplishments

Team Record: 13 - 4 - 2  
Cape Atlantic League Division II Champions

## GOLF 2010

### AWARDS

MVP:  
MVP:  
FR. MAK:

### Individual Accomplishment

#### Jake Lambert

- Cape Atlantic League - 2nd Team

#### Zach Chirico-Crean

- Cape Atlantic League - 2nd Team

#### Tyler Martini

- Cape Atlantic League - Honorable Mention

#### Eric Walsh

- Cape Atlantic League - Honorable Mention

#### Dustin Graiff

- Cape Atlantic League - Honorable Mention

## GOLF 2010

**HEAD COACH:** Betty Shuster

### VARSIITY LETTER WINNERS

John Bergen  
Jonathon Carrow  
Zach Chirico-Crean  
Alex Desiere  
Dustin Graiff  
Jake Lambert  
Tyler Martini  
Matthew Rigo  
Eric Walsh

### JUNIOR VARSITY LETTER WINNERS

Emily Barlas  
Megan Habina  
Nate Jones

### Team Accomplishments

Team Record: 16 - 5

Cape Atlantic League National Division II Championship

## GIRLS SOCCER 2009

### Individual Accomplishments

#### Arielle Bruno

- Cape Atlantic League - 1st Team

#### Leah Braid

- Cape Atlantic League - 1st Team

#### Amanda Buirch

- Cape Atlantic League - 2nd Team

#### Jennifer Consalo

- Cape Atlantic League - 2nd Team

#### Maria Procopio

- Cape Atlantic League - Honorable Mention

#### Brittany Harden

- Cape Atlantic League - Honorable Mention

#### Alison Angelo

- Cape Atlantic League - Honorable Mention

## **BOYS SOCCER 2009**

**COACH:** Chris Meyrick

**ASSISTANT COACH:** Dan Migliano, Rich Giovinazzi

### **VARSITY LETTER WINNERS**

Jaryd Aulffo  
Matt Beckett  
Luke Bencie  
Christian Bencie  
Brandon Bezak  
Patrick Bik  
Matthew Bocchese  
Adam Chamberlain  
Eric Ciancaglini  
Jesse Dickenson  
Nick Gazzara  
Justin Geri  
Jake Lambert  
Mike Mazzochi  
Drew Mesiano  
Devin Peterson  
Autin Poe  
Michael Rothman  
Billy Walsh

### **JUNIOR VARSITY LETTER WINNERS**

Alex Bezak  
Robert Bishop  
Justin Dickenson  
Mark Anthony Gaunt  
Dustin Graiff  
Chris Hemberger  
Timothy Huffman  
Matthew Lewis  
Louis Lairson  
Rocco Lombardo  
Theodore Mercurio

## **BOYS TENNIS 2010**

### **Individual Accomplishments**

#### **Donovan Vassalotti**

- Cape Atlantic League - 2nd Team Singles

#### **Luke Bencie**

- Cape Atlantic League - 2nd Team Singles

#### **Eric Ciancaglini**

- Cape Atlantic League - Honorable Mentions Singles

## **BOYS TENNIS 2010**

**COACH:** Dan Connelly

**ASSISTANT COACH:** Terri Ciancaglini

### **VARSITY LETTER WINNERS**

Luke Bencie  
Jed Bernal  
Alex Bezak  
Brandon Bezak  
Fred Blauth  
Eric Ciancaglini  
Michael DePalma  
Nick Gazzara  
Mark Harper  
Drew Mesiano  
Donovan Vassalotti

### **JUNIOR VARSITY LETTER WINNERS**

Patrick Bik  
Tim Huffman

### **AWARDS**

MVP:

COACHES:

### **Team Accomplishments**

Team Record: 12 - 7

Cape Atlantic League National Division II Championship

## **BOYS SOCCER 2009**

### **JUNIOR VARSITY LETTER WINNERS**

Samuel Nichols  
Paris Nwanna  
Lee Timmons

### **AWARDS**

MVP:

COACHES:

### **Team Accomplishments**

Team Record: 16 - 3  
Cape Atlantic Division II Champions

### **Individual Accomplishments**

#### **Patrick Bik**

- Cape Atlantic League - 1st Team

#### **Brandon Bezak**

- Cape Atlantic League - 1st Team

#### **Eric Ciancaglini**

- Cape Atlantic League - 1st Team

#### **Nick Gazzarra**

- Cape Atlantic League - 1st Team

#### **Luke Bencie**

- Cape Atlantic League - 2nd Team

#### **Jesse Dickenson**

- Cape Atlantic League - 2nd Team

#### **Jaryd Aulffo**

- Cape Atlantic League - Honorable Mention

#### **Matt Beckett**

- Cape Atlantic League - Honorable Mention

#### **Devin Peterson**

- Cape Atlantic League - Honorable Mention

## FIELD HOCKEY 2009

**COACH:** Mrs. Jacquie Fanelli

**ASSISTANT COACH:** Mrs. Leslie Alessandrini

### VARSITY LETTER WINNERS

Jocelyn Cintron  
Micknie Delva  
Lindsay Dwyer  
Brooke Farside  
Courtney Fralick  
SarahAnn Gallo  
Samatha Gaudio  
Clarissa Hayes  
Allissa Long  
Rebecca Slimm  
Cori Weiss

### AWARDS

COACHES:

COACHES:

### Team Accomplishments

Team Record: 0 - 13 - 2

### Individual Accomplishments

#### SarahAnn Gallo

- Cape Atlantic League - 2nd Team

#### Courtney Fralick

- Cape Atlantic League - Honorable Mention

#### Allissa Long

- Cape Atlantic League - Honorable Mention

#### Cori Weiss

- Cape Atlantic League - Honorable Mention

## GIRLS TRACK & FIELD 2010

### Team Accomplishments

Team Record: 2 - 7

### Individual Accomplishments

#### Leah Braid

- NJSIAA - State Group B Champion
- Cape Atlantic League - 1st Team - Javelin
- Cape Atlantic League - 2nd Team - Long Jump
- Cape Atlantic League - 2nd Team - Triple Jump

#### Catherine Kennedy

- Cape Atlantic League - 2nd Team - Discus

#### Maria Procopio

- Cape Atlantic League - 2nd Team - 100 M Hurdles

#### Larissa Scarpa

- Cape Atlantic League - Honorable Mention

#### Kim Sansalone

- Cape Atlantic League - Honorable Mention

#### Rebecca Schultz

- Cape Atlantic League - Honorable Mention

#### Keyanna Litterer

- Cape Atlantic League - Honorable Mention

**GIRLS TRACK AND FIELD 2010**

**COACH:** Paulet Lungu  
**ASSISTANT COACH:** Rod Stiles

**VARSITY LETTER WINNERS**

Alison Angelo  
Melina Arellano  
Rachel Bradway  
Leah Braid  
Angela Bertonazzi  
Mia Capizola  
Alexandra Ferrucci  
Alyssa Ferrucci  
Catherine Kennedy  
Keyanna Litterer  
Colette Orlandini  
Maria Procopio  
Kimberly Sansalone  
Larissa Scarpa  
Rebecca Schultz

**AWARDS**

**COACHES:**  
**MOST IMPROVED:**

**GIRLS TENNIS 2009**

**COACH:** Ms. Krystee Mosley  
**ASSISTANT COACH:** Ms. Danielle Conroy

**VARSITY LETTER WINNERS**

Gina Benedetto  
Joy Bernal  
Dana DiMatteo  
Jennifer Grant  
Leslie Laguna  
Fabiana Mesiano  
Kelsie Meyers  
Siri Nesheim  
Jennifer Placendo  
Rachele Smith

**JUNIOR VARSITY LETTER WINNERS**

Daria Baruffi  
Patrice Basada  
Abby Bencie  
Elaine Esteron  
Ashley Gonzalez  
Laura Huffman  
Katherine O'Rourke

**Team Accomplishments**

Team Record: 15 - 8

**Awards**

**MVP:**  
**COACHES:**

## GIRLS TENNIS 2009

### Individual Accomplishments

#### Jennifer Grant

- Cape Atlantic League - 2nd Team

#### Joy Bernal

- Cape Atlantic League - 2nd Team Doubles

#### Rachele Smith

- Cape Atlantic League - 2nd Team Doubles

#### Jennifer Placendo

- Cape Atlantic League - Honorable Mention

#### Fabiana Mesiano

- Cape Atlantic League - Honorable Mention

#### Siri Nesheim

- Cape Atlantic League - Honorable Mention

## BOYS TRACK & FIELD 2009

### AWARDS

COACHES:

COACHES:

### Team Accomplishments

Team Record: 2 - 6

#### Matthew McMahon

- NJSIAA State Group B Champion - Pole Vault
- Cape Atlantic League - Honorable Mention

#### Eugene McClure

- Cape Atlantic League - Honorable Mention

#### Sean Lent

- Cape Atlantic League - Honorable Mention

#### Vince Gavigan

- Cape Atlantic League - Honorable Mention

**BOYS TRACK AND FIELD 2010**

**COACH:** Esa Staples  
**ASSISTANT COACHES:** A.J. Aponte

**VARSITY LETTER WINNERS**

Daniel Bergamo  
Matthew Bocchese  
Robert Bishop  
Vincent Gavigan  
Mark Anthony Gaunt  
Mathew Landi  
Anthony Langdon  
Tyler Lavender  
Sean Lent  
Eugene McClure  
Matthew McMahan  
Thomas Monfardini  
Carlos Negron  
Sam Nichols  
Jake Nitsche  
Michael Pennington  
Devin Peterson  
Jeff Ronchetti  
Brian Stanzione  
Tyler Sullivan  
Aaron Tolliver  
Billy Walsh

**SWIMMING 2009-10**

**COACH:** Jamie Volpe  
**ASSISTANT COACH:** Michael Blacksten

**VARSITY LETTER WINNERS**

Jaryd Aulffo  
Robert Bishop  
Kyle Gagliardi  
Chris Giacomelli  
Josh Kehoe  
Daniel Lelli  
Dante Levari  
Zoe MacAvoy  
Tyler Martini  
Liz Maxwell  
Kristen McGee  
Lexi Misiewicz

**JUNIOR VARSITY WINNERS**

Tyler Aulffo  
Abby Bencie  
Jed Bernal  
Mark Anthony Gaunt  
Matt Grimshaw  
Mia Klekos

**AWARDS**

**COACHES:**  
**COACHES:**

**Team Accomplishments**

Team Record: 6 - 5

## **SWIMMING 2009-10**

### **Individual Accomplishments**

#### **Robert Bishop**

- Cape Atlantic League - 2nd Team

#### **Josh Kehoe**

- Cape Atlantic League - 2nd Team

#### **Daniel Lelli**

- Cape Atlantic League - 2nd Team

#### **Tyler Martini**

- Cape Atlantic League - 2nd Team

#### **Lexi Misiewicz**

- Cape Atlantic League - 2nd Team

#### **Mark Anthony Gaunt**

- Cape Atlantic League - Honorable Mention

#### **Dante Levari**

- Cape Atlantic League - Honorable Mention

#### **Zoe MacAvoy**

- Cape Atlantic League - Honorable Mention

#### **Liz Maxwell**

- Cape Atlantic League - Honorable Mention

## **CHEERLEADING 2009-10**

**COACH:** Kathy Procopio

### **VARSITY LETTER WINNERS**

Cassie Arsenault  
Patrice Basada  
Gina Benedetto  
Monica Canglin  
Mia Capizola  
Jordan Catalana  
Jasmine Caez  
Jocelyn Cintron  
Kambrianna Corona  
Laura Huffman  
Nicolette Kelley  
Madeline Lagerholm  
Christina Oleszewski  
Maria Procopio  
Ruth Rodriguez  
Larissa Scarpa  
Rebecca Schultz  
Alexis Winterborne

### **AWARDS**

SENIOR CAPTAIN AWARD:  
SENIOR CAPTAIN AWARD:

## **GIRLS BASKETBALL 2009-10**

### **Team Accomplishments**

Team Record 20 - 6

### **Individual Accomplishments**

#### **Leah Braid**

- Cape Atlantic League - 1st Team

#### **Brittany Harden**

- Cape Atlantic League - 2nd Team

#### **Ally Ferrucci**

- Cape Atlantic League - Honorable Mention

#### **Amanda Jamieson**

- Cape Atlantic League - Honorable Mention

## **BOYS BASKETBALL 2009-10**

**COACH:** Anthony Toner

**ASSISTANT COACHES:** Kevin Nash, Brian DeRossi

### **VARSITY LETTER WINNERS**

Umberto Bifulco  
Tyler Day  
Michael DePalma  
Al Etter  
Vincent Gavigan  
Nick Gladfelter  
Dustin Graiff  
Ryan Hutchings  
Zach Klaudi  
Kris Lapsley  
Sean Lent  
Matthew Lewis  
Kyle Lunsford  
Mark Ronchetti

### **JUNIOR VARSITY LETTER WINNERS**

Joseph D'Amato  
Troy Day  
Justin Geri  
Jake Habina  
Rocco Lombardo  
Jeff Ronchetti  
Brian Stanzione

### **FRESHMEN LETTER WINNERS**

Kevin Allen  
Joshua Bocachica  
Justin DeRossi  
Jonathan Donnelly  
Nate Jones

## **BOYS BASKETBALL 2009-10**

### **FRESHMEN**

Anthony Langdon  
Tyler Lavender  
Tovine Potts  
Ryan Veltman  
Kyle Lee-Williams

### **AWARDS**

COACHES:  
COACHES:

### **Team Accomplishments**

Team Record: 6 - 20

### **Individual Accomplishments**

#### **Mark Ronchetti**

- Cape Atlantic League - 2nd Team

#### **Ryan Hutchings**

- Cape Atlantic League - Honorable Mention

#### **Michael DePalma**

- Cape Atlantic League - Honorable Mention

## **GIRLS BASKETBALL 2009-10**

**HEAD COACH:** Steve DiPatri

**ASSISTANT COACHES:** Paul Fuhs, Christy Battistini,  
Ashley Fuhs

### **VARSITY LETTER WINNERS**

Leah Braid  
Tess Elder  
Ally Ferrucci  
Rachel Gavigan  
Brittany Haren  
Amanda Jamieson  
Victoria Levari  
Megan Petuskey  
Brandi Smith  
Amanda Buirch  
Brooke Farside  
Alyssa Ferrucci  
Artaeja Loatman  
Allissa Long  
Gabriella Sorantino  
Cori Weiss

Alison Angelo - Manager  
Angela Bertonazzi - Manager

### **AWARDS**

MOST OUTSTANDING/COACHES AWARD: