

SPECIAL AWARDS

Cape Atlantic League All Star Recognition

Jewish War Veterans Award Recognition

Carlos Negrón

Championship Team `Recognition

NJSIAA - Scholar - Athlete Recognition

Maria Procopio

Sacred Heart High School Athletic

Association - George Karibjanian Memorial

Award

Robert Consalo

Uncle Lou Piccone Achievement Award

Eric Olson

Skip Haas Award - Scholar/Athletic Ability/

Personal Lifestyle

Michael DePalma

Athletes of the Year

Maria Procopio

Carlos Negrón



**SACRED HEART HIGH
SCHOOL
A YEAR IN SPORTS
2010-2011**

SOFTBALL 2011

HEAD COACH: Les Olson

ASSISTANT COACHES: Dennis Bruno, Rich Hayes

VARSITY LETTER WINNERS

- Tyler Aulffo
- Spencer Bassett
- Gabrielle Castellini
- Samantha Caterina
- Victoria Caterina
- Vanessa Caulford
- Lauren Cavallo
- Jocelyn Cintron
- Lindsay Dwyer
- Rachel Gavigan
- Genevieve Giovinazzi
- Clarissa Hayes
- Rosalie LaGrotta
- Danielle Lugo
- Jessica Panno
- Maria Procopio
- Allison Riegel
- Lauren Tobolski

AWARDS

COACHES: Vanessa Caulford

COACHES: Clarissa Hayes

Team Accomplishments

Team Record: 25 - 5

Cape Atlantic League - National Conference Co-Championship
Cape Atlantic League National - Division II Championship

PRESIDENT.....Fr. Edward Namiotka

PRINCIPAL.....Mrs. Diane Tucker

ASSISTANT PRINCIPAL & DIRECTOR OF ATHLETICSMr. W. Keith Jones

ASSISTANT PRINCIPAL OF GUIDANCE/ACADEMICS.....Mrs. Anne Hartman

ASSISTANT ATHLETIC DIRECTOR.....Mr. Steve Tucker

TRAINER.....Ms. Jen Massey

AFFILIATIONS:.....New Jersey Interscholastic Athletic Association (N.J.S.I.A.A.)
Section South Group B
Cape Atlantic League (CAL)
National Conference
Division II

COLORS.....Red and Blue

MASCOT.....Lion

ATHLETICS.....856-691-4491, Ext 1120

E MAIL.....kjones@shhslions.com
stucker@shhslions.com

BOYS CROSS COUNTRY 2010

COACH: Mrs. Jen Lutek
ASSISTANT COACH: Mr. Shawn Dugan

VARSITY LETTER WINNERS

Shawn Agosto
John DeLeonardis
Mark Gaunt
Robert Gifford
A.J. Langdon
Tyler Lavender
Carlos Negron
Michael Pennington
Brandon Triantos

AWARDS

COACHES: Brandon Triantos
COACHES: Carlos Negron

Team Accomplishments

Team Record: 6 - 5

Individual Accomplishments

Brandon Triantos

- Cape Atlantic league - 1st Team

Carlos Negron

- Cape Atlantic League - 2nd Team

Robert Gifford

- Cape Atlantic League - Honorable Mention

Shawn Agosto

- Cape Atlantic League - Honorable Mention

BASEBALL 2011

AWARD

CAPTAIN AWARD: Eric Olson
CAPTAIN AWARD: Holvin Figueroa

Team Accomplishments

Team Record: 20 - 8

Cape Atlantic League National Conference/Division II
Championship

Individual Accomplishments

Chris Bell

- Cape Atlantic League - 1st Team

Tovine Potts

- Cape Atlantic League - 1st Team

Holvin Figueroa

- Cape Atlantic League - 2nd Team

Eric Olson

- Cape Atlantic League - Honorable Mention

Gabe Casillas

- Cape Atlantic League - Honorable Mention

Chris Repice

- Cape Atlantic League - Honorable Mention

BASEBALL 2011

HEAD COACH: John Triantos

ASSISTANT COACHES: Brian Caterina,
Ted Mercurio, Greg Lopez, Jon Schmidt, Anthony Donato,
Jose Maldonado

VARSITY LETTER WINNERS

Kevin Allen
Chris Bell
Gabe Casillas
Tyler Caterina
Jon Donnelly
Holvin Figueroa
Bobby Gifford
Eric Olson
Trey Potts
Chris Repice
Ismael Santiago
Brandon Triantos
Steven Steigerwalt

JUNIOR VARSITY LETTER WINNERS

Chris Andrews
Bryce Aulffo
Zach Donato
Kenneth Farmer
Kyle Lacy
Rocco Lupi
Zachary Nocon
Emory Pierson
Henry Rodriguez

Cassie Arsenault - Manager
Alicia Candeias - Manager
Amanda Buirch - Manager
Ivana Vinnick - Manager

GIRLS CROSS COUNTRY 2010

COACH: Mrs. Jen Lutek

ASSISTANT COACH: Mr. Shawn Dugan

VARSITY LETTER WINNERS

Kim Sansalone
Keyanna Litterer

JUNIOR VARSITY WINNERS

Kristen McGee
Ayla Gentiletti - Manager

Team Accomplishments

Team Record : 0 - 11

Individual Accomplishments

Keyanna Litterer

- Cape Atlantic League - Honorable Mention

Kimberly Sansalone

- Cape Atlantic League - Honorable Mention

GIRLS SOCCER 2010

HEAD COACH: Esa Staples
ASSISTANT COACH: Tony Procopio

VARSITY LETTER WINNER

Tyler Aulffo
Alison Angelo
Angela Bertonazzi
Rebecca Bishop
Alexia Bruno
Amanda Buirch
Jocelyn Cintron
Jennifer Consalo
Alyssa Ferrucci
Brittany Harden
Maria Procopio
Larissa Scarpa
Kaitlyn Ternay

AWARD:

MVP: Maria Procopio
MVP: Kaitlyn Ternay

Team Accomplishments

Team Record: 6 - 10

GOLF 2011

AWARDS

MVP: Jonathan Carrow
MVP: Zach Chirico-Crean
FR. MAK: Nicholas Calabrese

Individual Accomplishment

Zach Chirico-Crean

- Cape Atlantic League - 1st Team

Tyler Martini

- Cape Atlantic League - 2nd Team

Devin Peterson

- Cape Atlantic League - 2nd Team

Eric Walsh

- Cape Atlantic League - 2nd Team

Jon Carrow

- Cape Atlantic League - Honorable Mention

Dustin Graiff

- Cape Atlantic League - Honorable League

Nick Calabrese

- Cape Atlantic League - Honorable Mention

GOLF 2011

HEAD COACH: Tom DiPietro

VARSITY LETTER WINNERS

Nick Calabrese
Jonathon Carrow
Zach Chirico-Crean
Dustin Graiff
Tyler Martini
Devin Peterson
Eric Walsh

JUNIOR VARSITY LETTER WINNERS

Nate Jones
Matt Lewiis

Team Accomplishments

Team Record: 20 - 5

Cape Atlantic League Conference - Division II Championship

GIRLS SOCCER 2010

Individual Accomplishments

Maria Procopio

- Cape Atlantic League - 1st Team

Brittany Harden

- Cape Atlantic League - 2nd Team

Amanda Buirch

- Cape Atlantic League - Honorable Mention

Jennifer Consalo

- Cape Atlantic League - Honorable Mention

Alexia Bruno

- Cape Atlantic League - Honorable Mention

BOYS SOCCER 2010

COACH: Mario Monfardini
ASSISTANT COACH: Nico Tramantano

VARSITY LETTER WINNERS

Tyler Aragon
Jaryd Aulffo
Bryce Aulffo
Matt Beckett
Christian Bencie
Alex Bezak
Pat Bik
Adam Chamberlain
Jesse Dickenson
Anthony Ficcaglia
Nick Gazzara
Rocco Lombardo
Themba Lungu
Mike Mazzochi
Drew Messiano
Devin Peterson
Austin Poe
Michael Rothman
Ernie Scoma
Donovan Vassalotti
Jordan Catalana - Manager

JUNIOR VARSITY LETTER WINNERS

Justin Dickenson
Josh Fabrizio
Holvin Figueroa
Tim Huffman
Matt Gladfelter
Sam Nichols
Paris Nwana

BOYS TENNIS 2011

Individual Accomplishments

Donovan Vassalotti

- Cape Atlantic League - 1st Team Singles

Mark Harper

- Cape Atlantic League - Honorable Mention

BOYS TENNIS 2011

COACH: Dan Connelly

ASSISTANT COACH: Ken Connelly

VARSITY LETTER WINNERS

Tyler Aragon
Christian Bencie
Jan Bernal
Fred Blauth
John DeLeonardis
Michael DePalma
Mark Harper
Tim Huffman
Donovan Vassalotti

AWARDS

MVP: Donovan Vassalotti
COACHES: Mark Harper

Team Accomplishments

Team Record: 11 - 11

AWARDS

MVP: Nicolas Gazzara
COACHES: Michael Mazzochi

Boys Soccer

Team Accomplishments

Team Record: 19 - 2
Cape Atlantic League National Conference Championship
National Conference Division II Championship

Individual Accomplishments

Jaryd Aulffo

- Cape Atlantic League - 1st Team

Patrick Bik

- Cape Atlantic League - 1st Team

Nick Gazzarra

- Cape Atlantic League - 1st Team

Michael Mazzochi

- Cape Atlantic League - 1st Team

Matt Beckett

- Cape Atlantic League - 2nd Team

Jesse Dickenson

- Cape Atlantic League - Honorable Mention

Michael Rothman

- Cape Atlantic League - Honorable Mention

Adam Chamberlain

- Cape Atlantic League - Honorable Mention

FIELD HOCKEY 2010

COACH: Ron Fralick
ASSISTANT COACH: Richard Hayes

VARSITY LETTER WINNERS

Mia Capizola
Vanessa Caulford
Lauren Cavallo
Lindsay Dwyer
Brooke Farside
Courtney Fralick
Samantha Gaudio
Clarissa Hayes
Allissa Long
Danielle Lugo
Jessica Panno
Rebecca Slimm
Morgan Smith
Alexis Wright

AWARDS

COACHES: Clarissa Hayes
COACHES: Danielle Lugo

Team Accomplishments

Team Record: 4 - 13

GIRLS TRACK & FIELD 2011

Team Accomplishments

Team Record: 0 - 8

Individual Accomplishments

Keyanna Litterer

- Cape Atlantic League - Honorable Mention

GIRLS TRACK AND FIELD 2011

COACH: Paulet Lungu
ASSISTANT COACH: Rod Stiles

VARSITY LETTER WINNERS

Ayla Gentiletti

Amanda Goff
Mia Klekos
Keyanna Litterer
Marialena Melillo
Gina Giannone
Kim Sansalone

AWARDS

COACHES: Kim Sansalone
MOST IMPROVED: Gina Giannone

GIRLS TENNIS 2010

COACH: Ms. Krystee Mosley
ASSISTANT COACHES: Gary Durham, Ashley Hawryluk,
Rick Dichter

VARSITY LETTER WINNERS

Patrice Basada
Abby Bencie
Dana DiMatteo
Amanda Goff
Laura Huffman
Ashley Gonzalez
Kelsie Meyer
Siri Nesheim
Rachele Smith

JUNIOR VARSITY LETTER WINNERS

Elaine Esteron
Katherine O'Rourke

Team Accomplishments

Team Record: 19 - 5

Awards

MVP: Rachele Smith
COACHES: Amanda Goff

GIRLS TENNIS 2010

Individual Accomplishments

Rachele Smith

- Cape Atlantic League - 1st Team Singles

Abby Bencie

- Cape Atlantic League - 2nd Team Doubles

Kelsie Meyer

- Cape Atlantic League - 2nd Team Doubles

Patricia Basada

- Cape Atlantic League - Honorable Mention

Dana DiMatteo

- Cape Atlantic League - Honorable Mention

BOYS TRACK & FIELD 2011

AWARDS

COACHES: Carlos Negron
COACHES: Matthew McMahon

Team Accomplishments

Team Record: 1 - 7

Matthew McMahon

- Cape Atlantic League - 2nd Team

Sam Nichols

- Cape Atlantic League - Honorable Mention

Matthew Landi

- Cape Atlantic League - Honorable Mention

Carlos Negron

- Cape Atlantic League - Honorable Mention

Themba Lungu

- Cape Atlantic League - Honorable Mention

BOYS TRACK AND FIELD 2011

COACH: Esa Staples
ASSISTANT COACHES: Rod Stiles

VARSITY LETTER WINNERS

Shawn Agosto
Robert Bishop
Andrew Blizzard
Justin DeRossi
Mark Anthony Gaunt
Jeff Johns
Mathew Landi
Anthony Langdon
Tyler Lavender
Themba Lungu
Matthew McMahon
Drew Messiano
Carlos Negron
Sam Nichols
Jake Nitsche
Ernie Scoma
Aaron Tolliver
Kyle Lee-Williams

SWIMMING 2010-11

COACH: Jamie Volpe
ASSISTANT COACH: Michael Blacksten

VARSITY LETTER WINNERS

Jaryd Aulffo
Tyler Aulffo
Abigail Bencie
Robert Bishop
Joe Candelaria - Manager
Zach Chirico-Crean
Mark Gaunt
Ashlee Harris - Manager
Nate Jones
Joshua Kehoe
Mia Klekos
Daniel Lelli
Rocco Lupi
Zoe MacAvoy
Tyler Martini
Kristen McGee
Lexi Misiewicz
Ernie Scoma

JUNIOR VARSITY WINNERS

Julia Martini
Carlos Negron
Henry Rodriguez
Ismael Santiago
Eric Walsh

AWARDS

COACHES: Tyler Martini
MVP: Lexi Misiewicz

SWIMMING 2010-11

Team Accomplishments

Team Record: 6 - 4

Individual Accomplishments

Robert Bishop

- Cape Atlantic League - 1st Team - 200 Medley Relay

Josh Kehoe

- Cape Atlantic League - 1st Team - 200 Medley Relay

Jaryd Aulffo

- Cape Atlantic League - 1st Team - 200 Medley Relay

Tyler Martini

- Cape Atlantic League - 1st Team - 200 Medley Relay
- Cape Atlantic League - 2nd Team - 100 Backstroke

Lexi Misiewicz

- Cape Atlantic League - Honorable Mention

Zoe MacAvoy

- Cape Atlantic League - Honorable Mention

CHEERLEADING 2010-11

COACHES: Beth Catalana, Gina Capizola

VARSITY LETTER WINNERS

Cassie Arsenault
Patrice Basada
Monica Canglin
Mia Capizola
Jordan Catalana
Jocelyn Cintron
Laura Huffman
Christina Oleszewski
Maria Procopio
Ruth Rodriguez
Larissa Scarpa
Morgan Smith
Alexis Winterborne

AWARDS

MVP: Maria Procopio
COACHES AWARD: Ruth Rodriguez

GIRLS BASKETBALL 2010-11

Team Accomplishments

Team Record 23 - 6
CAL National II Champions
CAL National Conference Tri-Champions

Individual Accomplishments

Brittany Harden

- Cape Atlantic League - 1st Team

Ally Ferrucci

- Cape Atlantic League - 2nd Team

Mandy Buirch

- Cape Atlantic League - 2nd Team

Alexia Bruno

- Cape Atlantic League - Honorable Mention

Megan Petuskey

- Cape Atlantic League - Honorable Mention

BOYS BASKETBALL 2010-11

COACH: Kevin Nash

ASSISTANT COACHES: Bryan DeRossi, Joe Lera

VARSITY LETTER WINNERS

Tyler Aragon
Umberto Bifulco
Joe D'Amato
Troy Day
Mike DePalma
Nick Gladfelter
Dustin Graiff
Jake Habina
Khylee Lee-Williams
Matt Lewis
Thembu Lungu
Mike Mazzochi
Jeff Ronchetti
Brian Stanzione

JUNIOR VARSITY LETTER WINNERS

Shawn Agosto
Kevin Allen
Chris Andrews
Bryce Aulffo
Justin DeRossi
Tyler Lavender
Zach Steelman

FRESHMEN LETTER WINNERS

Jan Bernal
Andrew Blizzard
Jeff Johns
Josh Fabrizio
Nick Calabrese

BOYS BASKETBALL 2010-11

AWARDS

MVP: Nick Gladfelter

MVP: Mike DePalma

Team Accomplishments

Team Record: 8 - 18

Individual Accomplishments

Michael DePalma

- Cape Atlantic League - 2nd Team

Nick Gladfelter

- Cape Atlantic League - Honorable Mention

GIRLS BASKETBALL 2010-11

HEAD COACH: Steve DiPatri

ASSISTANT COACHES: Paul Fuhs, Christy Battistini,
Ashley Fuhs

VARSITY LETTER WINNERS

Alison Angelo - Manager

Angela Bertonazzi - Manager

Alexia Bruno

Mandy Buirch

Tess Elder

Brooke Farside

Ally Ferrucci

Alyssa Ferrucci

Brittany Harden

Artaeja Loatman

Danielle Lugo

Alyssa Long

Megan Petuskey

Alexa Plitt

Brandi Smith

Gabriella Sorantino

JUNIOR VARSITY LETTER WINNERS

Vanessa Caulford - Manager

AWARDS

MVP: Brittany Harden

COACHES: Ally Ferrucci